

18th ANNUAL
 JOHN F. KENNEDY 50 MILE HIKE-RUN
 SATURDAY, NOVEMBER 22, 1980

RECORDS

Course and Hike-Run Record:	5:55:30	Max White	1973
Women's Record:	7:41:13	Sue Medaglia	1979
Scholastic Record:	6:16:25	Karsten Schulz	1977
Age 60 & Over Record:	9:48:16	Walt Stack (66)	1974
Age 50 & Over Record:	7:07:59	Bill Jackson (50)	1977
Age 40 & Over Record:	6:17:44	Bruce Nystrom (41)	1979
Age 15 & Under Record:	7:46:54	Brad Vaughn (15)	1975
Eldest Completed Hike-Run:	Age 69	John Newdorp (4-29-10)	1979
Most Completed Hike-Runs:	12	Kim Byron	
Most Hike-Run Victories:	5	James Ebberts	
Most Women's Hike-Run Victories	6	Donna Aycoth	

JFK CHAMPIONS

1963	James Ebberts, Steve Costion, Rick Miller, Buzz Sawyer	13:10:
1964	James Ebberts, Steve Costion, Wayne Vaughn	12:33:
1965	James Ebberts, Buzz Sawyer, Elton Horst	10:39:
1966	Elton Horst, Buzz Sawyer, Kenny Baker	10:21:
1967	James Ebberts, Wayne Vaughn, Buzz Sawyer	10:03:40
1968	Leo Henry	10:02:12
1969	James Ebberts, Baxter Berryhill	8:32:04
1970	Baxter Berryhill	7:21:25
1971	Elton Horst	6:15:42
1972	Park Barner	6:29:27
1973	Max White	5:55:30
1974	Max White	6:06:19
1975	Angelo Gioiosa	6:27:58
1976	Pat Gill	5:59:28
1977	Ed Ayres	6:04:01
1978	Phil Bishop	6:14:59
1979	Bill Lawder	6:08:54

JFK WOMEN'S CHAMPIONS

1968	Donna Aycoth	10:41:15
1969	Donna Aycoth	9:27:31
1970	Donna Aycoth	9:45:15
1971	Donna Aycoth	9:29:48
1972	Donna Aycoth	9:48:30
1973	Donna Aycoth	8:26:07
1974	Nancy Keplinger	13:48:05
1975	Martha Hauver	10:27:26
1976	Sue Shepherd	9:35:10
1977	Sue Medaglia	8:19:07
1978	Sue Medaglia	7:53:37
1979	Sue Medaglia	7:41:13

HISTORY MAKING FIRSTS

First Woman to finish the JFK-50	Donna Aycoth	1968
First Age 60 & Over to finish the JFK-50	Burnis Hicks	1973
First Age 50 & Over to finish the JFK-50	Dr. Jim Dobbie	1966
First Age 10 to finish the JFK-50	Galen Pryor	1969
First Blind Runner to finish the JFK-50	Tom Rothrock	1975
First U.S. Congressman to finish the JFK-50	Goodloe Byron	1971
First Member "250 Mile" Club	Buzz Sawyer	1968
First Woman Member "250 Mile" Club	Donna Aycoth	1972
First Member "500 Mile" Club	Kim Byron	1977

"500 MILE" CLUB
(5 Members)

<u>MEMBER</u>	<u>JFK'S COMPLETED</u>	<u>YEARS</u>	<u>BEST TIME</u>
Kim Byron	12	68-69-70-71-72-73-74-75-76-77-78-79	10:25:36 (1977)
Mike Adams	11	65-69-71-72-73-74-75-76-77-78-79	6:42:34 (1979)
Leo Henry	10	67-68-69-73-74-75-76-77-78-79	8:00:36 (1973)
Cal Mahaney	10	70-71-72-73-74-75-76-77-78-79	10:23:38 (1975)
Si Reddick	10	69-70-71-72-73-74-75-76-77-78	8:38:12 (1974)

"250 MILE" CLUB
(82 Members)

<u>MEMBER</u>	<u>JFK'S COMPLETED</u>	<u>YEARS</u>	<u>BEST TIME</u>
James Ebberts	9	63-64-65-67-69-73-76-77-78	7:06:41 (1977)
Dave Frye	9	71-72-73-74-75-76-77-78-79	7:34:28 (1979)
Ling Louie	9	70-71-73-74-75-76-77-78-79	12:29:17 (1975)
Clater Smith	9	69-71-72-73-75-76-77-78-79	10:35:10 (1976)
Carl Cornett	8	72-73-74-75-76-77-78-79	8:35:49 (1978)
Chuck Fitz	8	69-71-73-74-75-76-78-79	8:25:29 (1976)
Shane Hutton	8	69-70-71-72-73-74-78-79	10:13:10 (1971)
Jim Lewis	8	72-73-74-75-76-77-78-79	11:08:35 (1977)
Fred Wandel	8	72-73-74-75-76-77-78-79	11:32:03 (1976)
Ron Young	8	70-71-72-73-74-75-76-77	10:28:30 (1973)
Joe Baummer	7	73-74-75-76-77-78-79	10:19:19 (1979)
Dick Burgee	7	72-73-74-75-76-77-78	8:48:55 (1977)
Goodloe Byron	7	67-69-70-71-72-73-75	10:13:10 (1971)
Eddie Glenn	7	69-70-71-73-74-76-78	10:13:15 (1973)
Woody Hawkins	7	73-74-75-76-77-78-79	10:40:45 (1975)
Paul Lewis	7	73-74-75-76-77-78-79	11:26:32 (1979)
Ernie West	7	72-74-75-76-77-78-79	10:11:13 (1978)
Guy Whidden	7	65-66-67-68-69-70-71	10:46:35 (1970)
Donna Aycoth	6	68-69-70-71-72-73	8:26:07 (1973)
Larry Dickerson	6	72-73-76-77-78-79	8:57:32 (1979)
Bob Gralley	6	74-75-76-77-78-79	8:42:56 (1979)
Bob Henscheid	6	74-75-76-77-78-79	8:27:07 (1977)
Randy Howard	6	74-75-76-77-78-79	8:33:45 (1978)
Paul Keplinger	6	73-75-76-77-78-79	11:42:58 (1978)
John Kurt	6	73-74-75-76-77-78	9:51:23 (1976)
Bill Law	6	72-73-74-75-76-78	8:57:01 (1978)
Zane Reddick	6	72-73-75-76-77-78	11:13:02 (1976)
Buzz Sawyer	6	63-65-66-67-68-70	8:53:15 (1970)
Wayne Vaughn	6	64-65-67-68-69-72	7:12:02 (1972)
Don West	6	74-75-76-77-78-79	12:58:47 (1975)
Tom Whitesell	6	69-70-72-75-76-77	10:27:27 (1970)

"250 MILE" CLUB (Continued)

<u>MEMBER</u>	<u>JFK'S COMPLETED</u>	<u>YEARS</u>	<u>BEST TIME</u>
Sidney Allen	5	75-76-77-78-79	11:43:40 (1979)
Park Barner	5	72-73-74-75-76	6:23:53 (1973)
Dave Bergman	5	71-72-73-74-77	9:11:34 (1972)
Frank Boyer	5	75-76-77-78-79	9:35:19 (1979)
Bruce Burnside	5	71-72-73-75-76	10:44:15 (1973)
Rick Busch	5	70-71-73-75-76	10:24:07 (1975)
Joe Butchko	5	73-75-76-77-78	7:48:43 (1977)
Art Carey	5	71-72-73-74-76	9:04:20 (1971)
Norm Christensen	5	73-75-76-77-78	9:21:52 (1977)
Alec Evans	5	73-75-77-78-79	10:41:03 (1978)
Jay Frantz	5	75-76-77-78-79	8:41:50 (1977)
Howell Griswold	5	73-74-75-76-77	12:43:56 (1977)
Martha Hauver	5	69-71-72-73-75	10:27:26 (1975)
Eddie Hayden	5	75-76-77-78-79	7:31:23 (1977)
Don Heimiller	5	73-75-76-77-78	7:52:52 (1978)
Ed Hruneni	5	73-74-75-76-77	8:58:12 (1977)
Forden Hughes	5	71-72-73-75-76	11:21:17 (1976)
Nancy Keplinger	5	73-74-75-77-78	11:48:20 (1975)
Gene Kline	5	75-76-77-78-79	8:15:36 (1979)
Lanny Knight	5	72-73-75-76-77	7:31:36 (1977)
Dave Knode	5	70-71-75-76-77	8:56:43 (1977)
Al Kossow	5	73-75-76-77-78	10:28:18 (1977)
Joe Kravinsky	5	75-76-77-78-79	11:28:14 (1978)
Norman Marquess	5	75-76-77-78-79	11:35:56 (1979)
Everett Marsh	5	75-76-77-78-79	12:46:03 (1979)
Gil Martin	5	71-72-73-74-75	9:04:34 (1975)
Barbara Matthai	5	72-73-75-76-77	10:33:21 (1977)
Don McNelly	5	75-76-77-78-79	11:53:18 (1977)
Ernie Medaglia	5	75-76-77-78-79	8:06:56 (1978)
Jim Mortenson	5	74-75-76-77-78	8:13:34 (1977)
Don Muffley	5	72-73-74-75-76	7:32:37 (1976)
Gary Naugle	5	71-72-73-74-75	7:40:48 (1975)
Bruce Nystrom	5	75-76-77-78-79	6:17:44 (1979)
Galen Pryor	5	69-70-71-72-73	9:38:44 (1973)
Connie Reddick	5	73-75-76-77-78	11:07:16 (1976)
Eddie Reddick	5	72-73-74-75-76	8:42:36 (1976)
Harvey Reisenweber	5	75-76-77-78-79	9:36:43 (1979)
Ray Rickett	5	72-73-75-76-77	11:44:13 (1977)
Howard Ridenour	5	70-71-72-73-74	10:09:04 (1974)
Fred Schumacher	5	74-75-76-77-78	10:20:39 (1978)
Lowell Showalter	5	75-76-77-78-79	8:05:39 (1979)
Nelson Spangler	5	72-73-75-76-77	11:35:57 (1975)
Joe Spence	5	72-73-75-76-77	9:56:25 (1973)
Jack Spinnler	5	71-72-73-76-77	12:45:36 (1972)
Mike Spinnler	5	71-72-73-75-77	6:57:54 (1977)
Jim Starrs	5	72-73-74-75-76	12:10:33 (1975)
Brad Vaughn	5	71-72-73-74-75	7:46:54 (1975)
Dick Wilson	5	73-74-75-76-77	10:40:48 (1975)
Tom Winter Jr.	5	74-76-77-78-79	9:16:29 (1977)
Tom Winter III	5	74-75-76-77-78	9:27:05 (1978)
Dave Young	5	73-75-76-77-78	9:16:59 (1975)



The only Sub-7 Hour Top Ten Finish in JFK-50 history gather after their 1977 performance. Left to right are Phil Bishop, 8th 6:41:08; Bill Lawder, 9th 6:56:07; Tom Kirk, 6th 6:26:48; Bruce Nystrom (seated in front), 3rd 6:20:18; Mike Spinnler, 10th 6:57:54; Ed Ayres, 1st 6:04:01; Karsten Schulz, 2nd 6:16:25; Kerry Green, 5th 6:22:30; Peter Monahan, 7th 6:28:59; and John Hess, 4th 6:22:30. Bishop came on to win a year later in 6:14:59 while Lawder captured the top spot in 1979 with 6:08:54.

THE JFK-50 ALL-TIME TOP 25

1.	Max White	5:55:30	1973
2.	Pat Gill	5:59:28	1976
3.	Ed Ayres	6:04:01	1977
4.	Bill Lawder	6:08:54	1979
5.	Rick Warren	6:12:20	1973
6.	Phil Bishop	6:14:59	1978
7.	Elton Horst	6:15:42	1971
8.	Karsten Schulz	6:16:25	1977
9.	Bruce Nystrom	6:17:44	1979
10.	John Hess	6:22:28	1979
11.	Kerry Green	6:22:30	1977
12.	Park Barner	6:23:53	1973
13.	Tom Kirk	6:26:48	1977
14.	Angelo Gioiosa	6:27:58	1975
15.	George Stewart	6:28:58	1974
16.	Peter Monahan	6:28:59	1977
17.	Fred Savitz	6:34:30	1978
18.	Bob Harper	6:35:28	1979
19.	Don Marvel	6:40:03	1978
20.	Gene Schultz	6:41:11	1972
21.t	Mike Adams	6:42:34	1979
21.t	Bob Stack	6:42:34	1979
23.t	Ed Jerome	6:53:13	1973
23.t	Steve Yates	6:53:13	1973
25.	Warren Ohlrich	6:53:16	1979



A few days after becoming the first woman to ever reach the finish line of the JFK-50, Donna Aycoth posed with the men's winner, Leo Henry. The year was 1968, and Donna went on to five more victories. Her best time of 8:26:07 in 1973 stood as the women's record until Sue Medaglia reduced it to it's present 7:41:13 with record breaking runs in 1977, 1978, and 1979.

THE JFK-50 WOMEN'S ALL-TIME TOP 25

1.	Sue Medaglia	7:41:13	1979
2.	Donna Aycoth	8:26:07	1973
3.	Sandra Folzer	9:01:20	1979
4.	Bobbie Allen	9:10:22	1979
5.	Kathy Nester	9:18:48	1979
6.	Samara Balfour	9:24:12	1979
7.	Sue Shepherd	9:35:10	1976
8.	Ruth Hamilton	9:47:27	1976
9.	Valerie Hardin	9:49:58	1973
10.	Cindy Steffen	9:56:15	1979
11.	Mariah Skinner	9:58:35	1977
12.	Martha Hauver	10:27:26	1975
13.	Barbara Matthai	10:33:21	1977
14.	Sharon Mark	10:35:48	1978
15.	Penny Booth	10:51:18	1978
16.	Connie Reddick	11:07:16	1976
17.	Carolyn Showalter	11:10:33	1979
18.	Zane Reddick	11:13:02	1976
19.	Barb Retorick	11:16:38	1978
20.	Betsy Ries	11:18:18	1976
21.	Mitzi Henscheid	11:19:04	1978
22.	Mary Rotz	11:19:46	1976
23.	Janet Pomeranz	11:20:23	1979
24.	Nan Shepherd	11:24:10	1973
25.	Jean Phillips	11:27:37	1979

1	Mike Adams	31	Bill Lawder
2	Roy Balfour	32	Alan Lopez
3	Benny Benford	33	Al Marcy
4	Roger Bergman	34	Paul Martz
5	Mike Boyer	35	Donald Marvel
6	Daniel Brannen	36	Scott Maxwell
7	Al Byrnes	37	Ernie Medaglia
8	Kim Byron	38	Sue Medaglia
9	Kevin Eagleton	39	Les Mentzer
10	Patti Finke	40	Brendan Merriman
11	Warren Finke	41	Charles Miller, III
12	Ed Foley	42	Jody Miller
13	Carl Cornett	43	Paul Mingo
14	Charles Fraser	44	Pat Moore, Jr.
15	Dave Frye	45	Doug Moorhead
16	Dick Good	46	Gregory Murphy
17	Pat Good	47	Larry Myers
18	Edward Hayden	48	Ray Olfky
19	Leo Henry	49	Dave Parcell
20	Bob Henscheid	50	Howard Pope
21	John Hess	51	Ken Prior
22	Gayland Heverly	52	Richard Sawyer
23	Mike High	53	Lowell Showalter
24	Pat High	54	Joe Wasserman
25	Fran Hornicek	55	Brian Whalen
26	David Horton	56	Tom Wilcox
27	Courtland Howard	57	Chauncey Wilson
28	John Kanieski	58	William Wise, Jr.
29	John Kendall	59	Carl Wisler
30	Gene Kline	60	John Zielinski
		61	Fritz Zimmerman

100	Robert Aaront				
101	Jon Acton, II				
102	Jeff Adams				
103	Joseph Adkins				
104	Rob Alford				
105	Michael Allen				
106	Sidney Allen				
107	Cathy Andberg				
108	Georges Auchet				
109	Richard Baker				
110	Michael Barton				
111	William Battaglia				
112	Joe Baummer				
113	Bob Beller				
114	Jon Bergman				
115	Gary Berry				
116	Garry Best				
117	William Beydler				
118	Frederick Bishop				
119	Mary Blair				
120	Bob Blair				
121	Bob Blakemore				
122	John Blanchard				
123	Steve Blau				
124	Frank Bloom				
125	Michael Boehle				
126	Bruce Boyd				
127	Frank Boyer				
128	Ben Boyes				
129	Robert Bridges				
130	Mitchell Broudy				
131	Denis Brown				
132	Donald Brown				
133	Charlie Bruce, Jr.				
134	Ray Buford				
135	Chuck Bugay				
136	Mike Burke				
137	Jim Burnett, III				
138	James Byron, Jr.				
139	Keith Byron				
140	Jim F. Caldwell				
141	Jim S. Caldwell				
142	Tim Caldwell				
143	Larry Campbell				
144	Tim Carlin				
145	Daniel Chapman				
146	Roger Clark				
147	Larry Clement				
148	Peter Clifford				
149	Len Cohen				
150	Linda Colsh				
151	William Cooper				
152	Craig Conboy				
153	Walter Connolly				
154	Gregory Cummins				
155	Sal Corrallo				
156	Jay Cox				
157	Bill Criste				
158	Bill Crouse				
159	Ed Cunningham				
160	Lawrence Davidson				
161	Cliff Davies				
162	Andy Davis				
163	Bernie Davis				
164	Donald Deering				
165	Bob Detrow				
166	Ron Dorn, III				
167	Damon Douglas				
168	Clyde Downs				
169	Norman Drasher				
170	Dorse DuBois, II				
171	Earl Duffey				
172	Douglas Early				
173	Chuck Edgar				
174	Walt Eilers				
175	Rolland Elliott				
176	David Engel				
177	Denny Evans				
178	Richard Everhart				
179	Bill Fink, Jr.				
180	Boyd Fitzgerald, Jr.				
181	Paul Flick				
182	Barbara Ford				
183	Graham Ford				
184	Linda Ford				
185	Murray Fornaro				
186	Randy Fox				
187	John Frantz				
188	Chris Freel				
189	Stanley Friedlander				
190	George Fung				
191	Barbara Garner				
192	Ed Garno, Jr.				
193	Patsy Garno				
194	Jeffery Gates				
195	Christopher Gordon				
196	John Gracey				
197	Bob Greenspun				
198	David Griffin				
199	Harry Grove, III				
200	Gary Guardia				
201	Gary Hastings				
202	Randy Hawthorne				
203	James Haynes				
204	Peter Heinaru				
205	Gary Henning				
206	Mitzi Henscheid				
207	Wally Herman				
208	Dennis Herr				
209	Theodore Herrmann				
210	Glenn Hightower				
211	Stanton Holloway				
212	Phillip Hommer				
213	John Hoover				
214	Freddy Horman, III				
215	William Hott				
216	Randy Howard				
217	Martin Howsare, Jr.				
218	Tom Hunt				
219	Tim Hunt				
220	John Hussong				
221	Shane Hutton				
222	Rudy Iglesias				
223	Cliff Izer				
224	Scott James				
225	Dick Johnston				
226	Duncan Jones				
227	Skip Kaltenheuser				
228	Robert Keith				
229	Francis Kelley				
230	Paul Kelly				
231	John Kennedy, Jr.				
232	Paul Keplinger				
233	Dennis Kinzie				
234	Carl Kirsch				
235	Georgs Kolesnikovs				
236	Al Kossow				
237	Emil Kotik				
238	Stan Krueger				
239	Keith Kussmaul				
240	Joseph Lacy, Jr.				
241	Bill Law				
242	Felix LeBlanc				
243	Bob Lemmermann				
244	Kevin Leonard				
245	Ann Levri				
246	El Levri				
247	Phil Levri				
248	Dennis Lewis				
249	Jerry Lewis				
250	Paul Lewis				

251	Craig Linke	301	Janet Pomeranz	351	Edson Sower
252	Joe Lloyd	302	Kal Pomeranz	352	Michael Squire
253	Rich Lorey	303	James Poole	353	Kim Stacher
254	Ling Louie	304	Russ Poole	354	Robert Stack
255	Benito Loyola	305	Larry Prather	355	Phil Staller
256	Roy Lucas	306	Wyatt Pratt	356	Charles Starrs
257	Jerry Lynch	307	Lawrence Prevatte	357	Lou Stevens
258	Cal Mahaney	308	Kenneth Priebe	358	Doug Stine
259	Basil Marcus	309	Michael Purris	359	Lloyd Storm
260	Marky Marquess	310	Paul Rapavi	360	Dave Taylor
261	Everett Marsh	311	Harvey Reisenweber	361	Mike Taylor
262	Lloyd Martin	312	Roy Rengstorff	362	Roy Taylor
263	Don Mattmueller	313	Howard Reynolds	363	Charles Terwoord
264	Kevin McCarthy	314	Richard Reysen	364	Roy Thompson, Jr.
265	Craig McDonald	315	Debbie Richey	365	Scott Thornton
266	Byron McNelly	316	Paul Roberts, Jr.	366	Leo Tobin, III
267	Don McNelly	317	Paul Robertson, Sr.	367	Joe Trask
268	Richard McNelly	318	Joseph Robeson	368	Thomas Trott, Jr.
269	Dick McNew	319	Allen Rodgers	369	Reinhold Ullrich
270	John Mildner, Jr.	320	Marty Rollinger	370	Steve Vaughan
271	Jeff Milsom	321	Ron Rook	371	Frank Verdi
272	Dennis Moellman	322	Nick Rosato	372	Don Waddington
273	Allen Montgomery	323	Martin Rosenberg	373	Dan Wagner
274	Jim Moorhouse	324	Charles Rowell	374	Kent Walker
275	Norm Moyer	325	Tom Russell	375	Fred Wandel
276	Harry Mucklo	326	Scott Rutherford	376	Ed Weary
277	Chick Mullaney	327	Floyd Sandlin	377	Paul Welch
278	Kevin Murray	328	Jack Sargent	378	Don West
279	James Myer	329	Dan Satchell	379	Ernie West
280	Jim Myerjack	330	Frank Schaeffer	380	Bill Whitesell
281	Lon Naylor	331	Richard Schmoeller, Jr.	381	Mike Whitney
282	John Newdorp	332	Walt Schmoeller	382	Henry Wilkens, Jr.
283	Andy Niebel	333	Carl Schneider	383	Howard Williams, Jr.
284	Hal Niebel	334	Fred Schumacher	384	Jim Williams
285	Wayne Niebel	335	Carroll Scott	385	Alan Woods
286	Brendan O'Donnell	336	Chris Scott	386	Scott Worner
287	Robert Pankey	337	George Scott	387	Tim Wray
288	Robert Parker, Jr.	338	John Scott	388	Franklin Zieve
289	Roger Parker, Sr.	339	Ken Scott	389	Jim Zucco, Jr.
290	Mark Parkhurst	340	Lynn Sencindiver		
291	Robert Pastrana	341	Carl Settlemyer, Jr.		
292	Glenn Pendleton	342	Tom Sheahen		
293	Harold Pereschuk	343	Carolyn Showalter		
294	Larry Pereschuk	344	Terri Shuck		
295	Joseph Peroni	345	Dennis Simmons		
296	Rich Perry	346	Michael Slack		
297	William Persinger	347	Gordon Smith		
298	Scott Pettie	348	David Smith		
299	Jean Phillips	349	Jim Smith, Jr.		
300	Hugh Place	350	Rob Sollenberger		

390 Robert Fout
391 Eli Ditchkoff
392 James Yarbrough
393 Jack Sparks
394 John Berens
395 Michael Beale
396 Dana Dasner
397 Edith Dasner
398 George Harrington
399 Woody Hawkins

400 Nancy Keplinger
401 William Langton
402 Wes Mathews
403 John Morningstar
404 John Moyer
405 Pauline Moyer
406 Phillip Moyer
407 Gary Robertson